

A couple is seen from behind, sitting on a rocky ledge in the foreground. They are looking out over a vast, lush green jungle. A river winds through the valley below, reflecting the warm light of the sunset. In the distance, misty mountains are visible under a sky filled with soft, golden clouds. The overall atmosphere is peaceful and romantic.

NATURA RETREAT

NATURA RENEW

4 DAYS · 3 NIGHTS

A pause to reconnect with each other.

A wellness experience to slow down, reconnect and nurture your bond.

THE INVITATION

TIME FOR TWO

*Sometimes making time for each other
is an act of care.*

Natura Renew offers four days to step away from the noise, slow down and talk from a calmer place, surrounded by nature, thoughtful guidance and genuine time together.



SEE EACH OTHER AGAIN, WITH GREATER CALM.

THE JOURNEY

FOUR DAYS IN THREE MOVEMENTS

Less rush. Deeper listening.

Essential sessions are spaced with generous pauses. Nature supports your conversations without setting the pace.

01

DAY 1

ARRIVE TOGETHER

Settle in, explore the surroundings and share an intention without pressure.

02

DAYS 2 & 3

LISTEN & ENVISION

Nature, guided conversations and workshops to explore priorities and plans.

03

DAY 4

INTEGRATE

Close with a shared intention and return home with greater clarity.

THE EXPERIENCE

THE ESSENTIALS

Calm grows through conversation, too.

An intimate, peaceful experience with core sessions, private time and attentive guidance.

LISTENING

Guided questions and private moments for conversations without rushing.

NATURE

Mindful walks and forest observation to support the experience.

SHARED PLANS

Time to explore priorities, work, rest and life together.

PRIVACY

Each couple decides what to keep private. Sharing is never compulsory.

YOUR SANCTUARY

ROOM TO SIMPLY BE

A sanctuary to reconnect with each other.



PRIVATE CABIN

Three nights in a private cabin for two, with a private bathroom, heated bubbling hot tub and catamaran net overlooking nature. A luxurious place to rest, talk and enjoy quiet moments in comfort and privacy.

WHAT IS INCLUDED

GUIDANCE & CARE

What is part of your experience.

An intimate, thoughtfully guided experience combining nature, rest and meaningful time as a couple.

YOUR EXPERIENCE INCLUDES

- 4 days and 3 nights in a private cabin for two.
- Scheduled meals throughout the experience.
- Six essential sessions, following the approved itinerary.
- Coaches and guides for the planned activities.
- Scheduled Cali-Natura-Cali return transfer included.
- Printed couples' integration workbook.

NOT INCLUDED BY DEFAULT

Flights, personal expenses, massages, treatments, Pacific excursions or other services not expressly included.

THE LAND

DAGUA, VALLE DEL CAUCA

Nature is more than a backdrop.



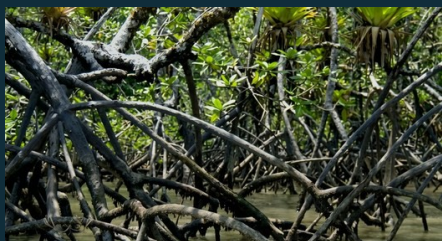
Amid tropical forest at kilometer 34 of the road to the Pacific, near Cali, Natura Retreat envisions peaceful hospitality across 26,635 m² of natural landscape and biodiversity. Our relationship with the forest and local communities is grounded in respect.

IS IT FOR YOU BOTH?

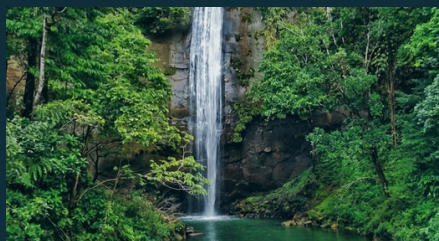
For couples seeking a brief, intimate and meaningful pause, who value calm, privacy and a respectful connection with nature.

Here, time together, rest and the surrounding land are all part of the experience.

REGIONAL EXPERIENCES / OPTIONAL ADD-ON



MANGROVES



WATERFALLS



BEACHES

From the forest to the ocean.

The Colombian Pacific, a world to discover.

The vast ocean, sounds of the rainforest and coastal communities offer a different way to experience this land.

WATER & RAINFOREST

Mangroves, estuaries and waterfalls amid tropical rainforest.

SEA & HORIZON

Beaches and coastal landscapes.

PACIFIC LIFE

Culture and biodiversity; whales in season only.

OPTIONAL EXPERIENCE • ADDITIONAL COST

Itinerary, pricing and availability will be confirmed separately, subject to logistics, season and safety.

NATURA RENEW

It is not always about changing everything.
It is about seeing each other with greater calm.

Receive opening news and details when the program becomes available.

GET EARLY ACCESS

<https://naturaretreat.com.co/contacto/>

EXPECTED OPENING 2028 · DATE NOT GUARANTEED

Pre-launch: prices, payments and bookings are not yet available.

naturaretreat.com.co · Dagua, Valle del Cauca, Colombia