



NATURA RETREAT

NATURA REALIGN

15 DAYS • 14 NIGHTS

Clarity for life's changing seasons.

WELLNESS IMMERSION / COLOMBIA

THE INVITATION

TIME FOR YOURSELF

During times of transition, urgency can drown out intuition. Realign makes room to observe before deciding.

Fifteen days to gain perspective on a personal or professional transition, rest deeply and explore new possibilities with respectful guidance and freedom of choice.



ANSWERS DO NOT NEED TO BE RUSHED.

THE JOURNEY

A JOURNEY IN STAGES

Less rush. More meaning.

Guided sessions are balanced with ample pauses. The forest is a companion, not a source of pressure.

01

DAYS 1-4

ARRIVAL & BODY

Slow down, notice simple needs and become familiar with the landscape.

02

DAYS 5-8

OBSERVE

Reflection and nature. Day 8 is reserved for personal integration, without core sessions.

03

DAYS 9-12

CLARITY & CREATION

Open questions, everyday choices and room to imagine your own way forward.

04

DAYS 13-15

INTEGRATE

Recognize priorities and prepare a mindful return, without imposed conclusions.

THE EXPERIENCE

THE ESSENTIALS

Calm is something we cultivate.

A fifteen-day immersion combining guided reflection, time in the forest, deep rest and personal space to clarify priorities and see a new chapter in perspective.

PERSPECTIVE

Look at a transition with distance, time and greater kindness.

NATURE

Walks and forest contemplation, subject to itinerary and safety.

REFLECTION

Guided workshops with open questions and personal writing.

INDEPENDENCE

Day 8 and other pauses belong entirely to you.

YOUR SANCTUARY

YOUR PRIVATE SPACE

A sanctuary to reconnect with yourself.



PRIVATE CABIN

Fourteen nights in a private cabin with its own bathroom, heated bubbling hot tub and catamaran net overlooking the forest. A luxurious sanctuary for rest, reflection and time to yourself.

WHAT IS INCLUDED

GUIDANCE AND SUPPORT

What is part of your stay.

Fifteen days combining guided reflection, nature, rest and personal time, with space to integrate the experience at your own pace.

YOUR EXPERIENCE INCLUDES

- 15 days and 14 nights in a private cabin.
- Scheduled meals during the experience.
- Reflection workshops and nature outings in the itinerary.
- Coaches and guides during scheduled sessions.
- One personal-integration day without guided core sessions.
- Cali-Natura-Cali transfers per approved logistics.
- Printed personal-integration workbook.

NOT INCLUDED BY DEFAULT

Optional Pacific excursions, flights, personal expenses, massages, treatments and additional services.

THE LAND



NATURA RETREAT / DAGUA, VALLE DEL CAUCA

Nature is more than a backdrop.

In a tropical forest setting at kilometer 34 of the road to the Pacific, near Cali, Natura Retreat envisions peaceful hospitality across 26,635 m² of landscape and biodiversity. Our relationship with the forest and local communities is grounded in respect.

IS IT FOR YOU?

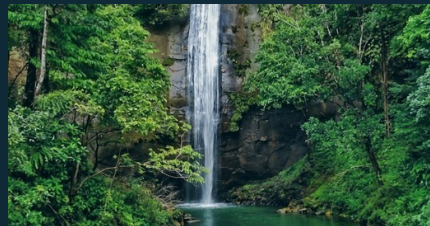
For those navigating a life transition and seeking quiet, nature and room to clarify their thoughts without having to resolve everything at once.

An invitation to recognize priorities, explore possibilities and return to everyday life with your own perspective.

REGIONAL EXPERIENCES / OPTIONAL ADD-ON



MANGROVES



WATERFALLS



BEACHES

From the forest to the ocean.

The Colombian Pacific, a world to discover.

The vast ocean, sounds of the rainforest and coastal communities offer a different way to experience this land.

WATER & RAINFOREST

Mangroves, estuaries and waterfalls amid tropical rainforest.

SEA & HORIZON

Beaches and coastal landscapes.

PACIFIC LIFE

Culture and biodiversity; whales in season only.

OPTIONAL EXPERIENCE • ADDITIONAL COST

Available as an optional experience.

Itinerary, pricing and availability will be confirmed separately, subject to logistics, season and safety.



NATURA RETREAT

Realign is not about starting over. It is about finding alignment within.

GET EARLY ACCESS

Receive opening news and details when the program becomes available.

<https://naturaretreat.com.co/contacto/>

EXPECTED OPENING 2028 • DATE NOT GUARANTEED

Pre-launch: no published prices, payments, bookings or confirmed availability.