

NATURA RETREAT

NATURA LEGACY

30 DAYS • 29 NIGHTS

30 days to build a legacy together

A residency for couples who want to explore their lives deeply, protect what matters and design a way of living they can sustain over time.

THE INVITATION

*A month to reflect on the life you are building.
And the life you want to share.*

Thirty days to honor your shared story and nurture the chapter ahead. Nature, rest and guided conversations create room to listen, recognize priorities and build together.



A MONTH TO BUILD THE LIFE YOU WANT TO SHARE.

THE PURPOSE OF THIRTY DAYS

Time to reflect deeply. Space to build together.

Four weeks to slow down, recognize priorities, design a shared life and integrate what you experience, with room for nature, conversation and rest.

01

Week 1 · Slow down and reflect

02

Week 2 · Recognize priorities

03

Week 3 · Design life together

04

Week 4 · Integrate and return

05

Protect what you hope to pass on

THE JOURNEY

Five themes to cultivate a shared life with direction.

01

SLOW DOWN

Step out of autopilot and return to the present.

02

UNDERSTAND

Explore your history, lessons and everyday patterns.

03

ALIGN

Connect individual purpose with shared plans.

04

DESIGN

Build agreements, rhythms and life decisions.

05

LEAVE A LEGACY

Define what you want to protect, create and pass on.

YOUR SANCTUARY

A sanctuary to share a month together.



PRIVATE CABIN FOR TWO

Twenty-nine nights in a private cabin for two, with a private bathroom, heated bubbling hot tub and catamaran net overlooking the forest. A luxurious sanctuary where rest, conversation and time together are part of the residency.

CORE SESSIONS

A residency to nurture clarity and purpose.

Nature, guided sessions and private time support a month of listening and shared vision, with thoughtful guidance from coaches and local guides.

01 Opening and residency intention

02 Shared history and lessons

03 Individual and shared purpose

04 Work, vocation and time

05 Time, decisions and priorities

06 Life rhythms and everyday care

07 Shared plans and legacy

08 Individual space and independence

09 Sustainable agreements and habits

10 Residency closing

YOUR EXPERIENCE INCLUDES

30 days and 29 nights in a private cabin for two · Scheduled meals · 10 core sessions with coaches and guides · Private integration time · Printed workbook · Cali-Natura-Cali transfers included per approved logistics.

NOT INCLUDED BY DEFAULT

Flights, personal expenses, massages, treatments and the optional Pacific experience (additional cost).

THE LAND & PRIVACY

An intimate residency amid forest and quiet.



In the tropical forest of Dagua, at kilometer 34 of the road to the Pacific near Cali, Natura Retreat envisions 26,635 m² of nature and biodiversity. Legacy can welcome a single couple; when several attend, private conversations and personal journeys remain within each couple, with respect for the forest and local communities.

Privacy and respect strengthen every couple's journey.

REGIONAL EXPERIENCES / OPTIONAL ADD-ON



MANGROVES



WATERFALLS



BEACHES

From the forest to the ocean.

The Colombian Pacific, a world to discover.

The ocean, rainforest and coastal communities may complement the residency as an optional experience, depending on season, logistics and safety.

WATER & RAINFOREST

Mangroves, estuaries and waterfalls.

SEA & HORIZON

Beaches and coastal landscapes.

PACIFIC LIFE

Culture and biodiversity.

OPTIONAL EXPERIENCE · ADDITIONAL COST

Itinerary, pricing and availability will be confirmed separately, subject to logistics, season and safety.

NATURA LEGACY

Some decisions need a month and a place to unfold.

Thirty days to explore your shared story and build what comes next. Receive opening news and register your interest in this wellness residency for two.

GET EARLY ACCESS

<https://naturaretreat.com.co/contacto/>

EXPECTED OPENING 2028 · DATE NOT GUARANTEED

Pre-launch: prices, payments and bookings are not yet available.

naturaretreat.com.co · Dagua, Valle del Cauca, Colombia