

A romantic couple stands on a mossy rock, embracing and looking out over a stunning waterfall cascading over dark boulders in a dense, sun-drenched forest. The scene is bathed in the warm, golden light of sunrise or sunset, with mist rising from the water and filtering through the trees.

NATURA RETREAT

NATURA EVOLVE

8 DAYS • 7 NIGHTS

8 days to evolve together

A wellness experience to understand the season of life you share, connect more deeply and consciously shape what comes next.

THE INVITATION

A space to evolve together.

Eight days to nurture your connection, listen deeply and explore personal and shared plans with care. Natura Evolve brings together nature, rest, guided conversations and private moments to recognize what you want to protect and build together.



MORE TIME TO LISTEN, TALK AND GROW.

THE PURPOSE OF EIGHT DAYS

More time to listen. More space to integrate.

The eight-day journey gives you time to go deeper and absorb each stage: from arrival and presence to plans, agreements and bringing the experience into everyday life.

01

Days 1–2 · Arrive, pause and be present

02

Days 3–4 · Listen with clarity and depth

03

Days 5–6 · Explore plans, rhythms and care

04

Day 7 · Integrate your conversations

05

Day 8 · Close with a shared intention

THE JOURNEY

An experience to deepen what you are building together.

01

ARRIVE TOGETHER

Step out of everyday routines and set a shared intention.

02

LISTEN

Open guided conversations with attention, respect and privacy.

03

ENVISION

Explore work, rest, dreams and the next chapter.

04

INTEGRATE

Choose realistic agreements to return with greater clarity.

YOUR SANCTUARY

A space to evolve together.



PRIVATE CABIN FOR TWO

Seven nights in a private cabin with its own bathroom, heated bubbling hot tub and catamaran net overlooking the forest. A luxurious sanctuary where rest, conversation and time together are part of the immersion.

CORE SESSIONS

A journey of listening, plans and shared commitments.

These sessions deepen your connection through guided reflection, nature, rest and respect for each couple's independence.

01 Welcome, pause and shared intention

02 Mindful walk for two

03 Deep listening and clarity

04 Nature and guided conversation

05 Shared history and daily habits

06 Personal and shared plans

07 The land and deeper nature connection

08 Agreements, rhythms and care

09 Private integration as a couple

10 Closing and return intention

INCLUDED

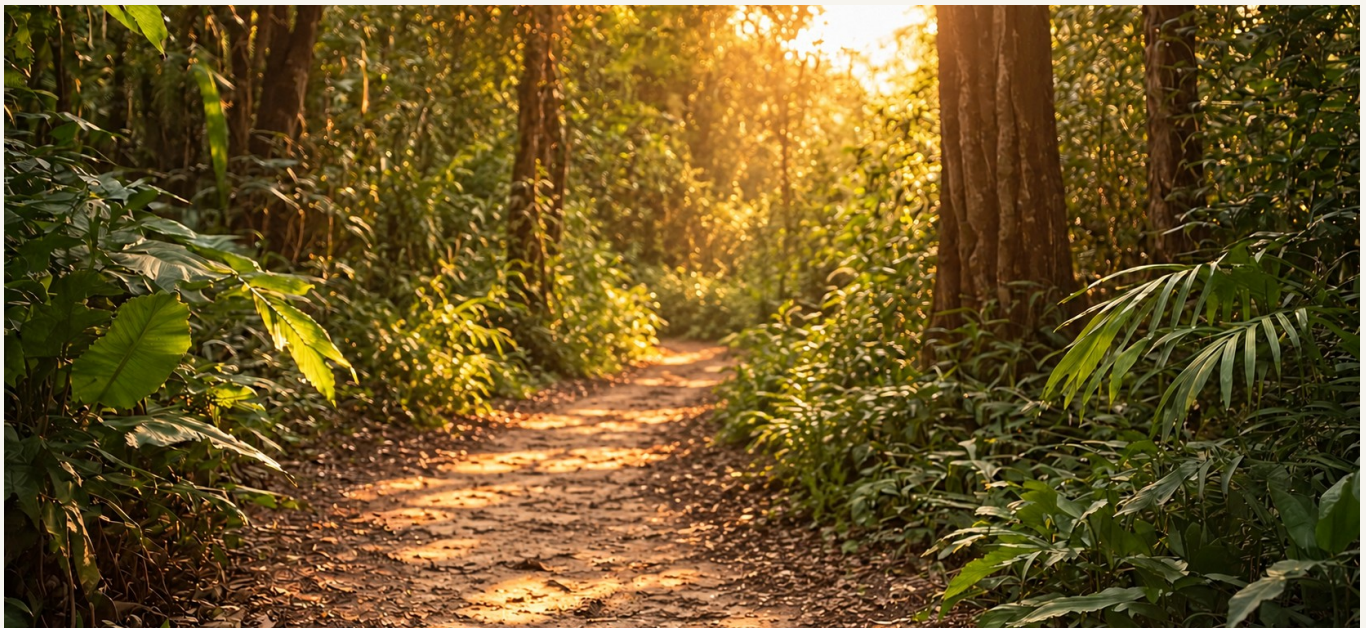
8 days and 7 nights in a private cabin for two · Scheduled meals · 10 core sessions with coaches and guides · Cali-Natura-Cali transfers per approved logistics · Printed couple-integration workbook.

NOT INCLUDED BY DEFAULT

Flights, personal expenses, massages, treatments and the optional Pacific experience.

THE LAND

The forest also invites us to listen.



In the tropical forest of Dagua, at kilometer 34 of the road to the Pacific near Cali, Natura Retreat envisions 26,635 m² of natural landscape and biodiversity. The forest invites conversation and contemplation, with respect for the land and local communities.

PRIVACY & CARE

Evolve can welcome a single couple. When several couples attend, private conversations remain within each couple, without compulsory group sharing.

REGIONAL EXPERIENCES / OPTIONAL ADD-ON



MANGROVES



WATERFALLS



BEACHES

From the forest to the ocean.

The Colombian Pacific, a world to discover.

Mangroves, waterfalls, beaches and the coast's natural and cultural riches can complement your immersion as an optional add-on.

WATER & RAINFOREST

Mangroves, estuaries and waterfalls.

SEA & HORIZON

Beaches and coastal landscapes.

PACIFIC LIFE

Culture and biodiversity.

OPTIONAL EXPERIENCE · ADDITIONAL COST

Itinerary, pricing and availability depend on logistics, season and safety.

NATURA EVOLVE

Some conversations need less rush and more room.

Receive opening updates and learn more about Natura Evolve when the program launches. You may register your interest during pre-launch.

GET EARLY ACCESS

<https://naturaretreat.com.co/contacto/>

EXPECTED OPENING 2028 · DATE NOT GUARANTEED

Pre-launch: prices, payments and bookings are not yet available.

naturaretreat.com.co · Dagua, Valle del Cauca, Colombia